



# **COVID-19 Vaccination Awareness Guide**

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# COVID-19 Vaccination Client Journey

## BEFORE

### Pre-vaccination information for Covid-19 vaccine

- How do vaccines work ?
- Why should I take the vaccine
- Target group ?
- Vaccine excluded groups
- Vaccine Safety and Efficiency

## DURING

• Important information you should tell your nurse before taking the vaccine

• Do I need to take Vaccine only once In my lifetime?

## AFTER

- What to expect after Covid-19 vaccination?
- Side effects
- What to do if you develop side effects ?
- General tips after taking the vaccine
- Frequently asked questions



## **COVID-19 Vaccination**

# **Pre-Vaccination information**

**Before Taking the Vaccine**





## COVID-19 Vaccination

### Pre-vaccination information for Covid-19 vaccine

- How do vaccines work ?

Vaccines stimulate and train the immune system in the body to create antibodies to fight the virus that causes Covid 19



## COVID-19 Vaccination

### Pre-vaccination information for Covid-19 vaccine

- Why should I take the vaccine?

**Currently,  
Vaccine is considered the best , safest and most effective way to  
control the COVID-19 pandemic.**

**Getting vaccinated will stop the virus spread and to protect you and  
your community.**



## **COVID-19 Vaccination**

### **Pre-vaccination information for Covid-19 vaccine**

- To Whom is the Vaccine Given ?**

**It is Preferable to give the Vaccine to the Largest Percentage of society in order to achieve sufficient immunity required to prevent the spread of the virus.**

**Priority is given to people who are most at risk of infection or people at risk of serious complication from infection and then to the remaining segments of society.**



## COVID-19 Vaccination

### Pre-vaccination information for Covid-19 vaccine

- Vaccine excluded groups ?

- Pregnant Women
  - People with some immunodeficiency diseases
- Those who are allergic to the vaccine, one of its components of the vaccine, or any other vaccine
  - Those who are suffer from severe allergy
  - Children below 16 years old





## **COVID-19 Vaccination**

### **Pre-vaccination information for Covid-19 vaccine**

- **Vaccine Safety and Efficiency**

**All vaccine are subject to adequate testing and go through several stages (including clinical stages) before they are approved for use.**

**In UAE, all available vaccines are selected based on Scientific criteria for safety and efficiency.**





## COVID-19 Vaccination

### Pre-vaccination information for Covid-19 vaccine

- Vaccine Type , Number of doses and Interval between doses



Pfizer-BioNTEck	Sinopharm	Oxford-Astrazenca
mRNA	Inactivated Vaccine	Viral Vector
16 Years and above		18 Years and above
2 doses in the muscle of the upper arm		
21 days apart	21-28 days apart	10 Weeks apart



## **COVID-19 Vaccination**

# **During-Vaccination Process**

**During Taking the Vaccine**



## COVID-19 Vaccination

### During-Vaccination Process for Covid-19 vaccine

- **Important information you should tell your nurse before taking the vaccine**



- If you are pregnant
- The presence of any symptoms and fever
- Your medical history such as diabetes, cardiovascular disease, and others
- If you have ever had an allergic reaction to any vaccine, food, medicine, or substance or you have taken adrenaline auto-injection
- If you have a weak immunity or immunodeficiency disease



## **COVID-19 Vaccination**

### **During-Vaccination Process for Covid-19 vaccine**

- Do I need to take Vaccine only once In my lifetime?**

**- Studies are ongoing, available information from the studies so far confirms that the recommended dosage of current vaccinations provides immunity for up to one year.**

**- Ongoing observations and testing will reveal more on the effectiveness of each type.**





## **COVID-19 Vaccination**

# **Post-Vaccination**

## **After Taking the Vaccine**



## COVID-19 Vaccination

### Post-Vaccination - After Taking the Vaccine

- What to expect after Covid-19 vaccination?

- It is normal to experience minor side effects during the first week after receiving the vaccine.
- After taking the second dose, Symptoms are likely to be more severe & may persist for up to a month in some individuals.
- The reason is that your immune system recognizes the method of attacking the COVID-SARS-2 virus.



# COVID-19 Vaccination

## Post-Vaccination - After Taking the Vaccine

- Side Effect



Fatigue and headaches



Fever



Pain, swelling or redness at the injection-site



Joint pain



Vomiting and diarrhea



Shivering



Muscle pain



## COVID-19 Vaccination

### Post-Vaccination - After Taking the Vaccine

#### • What to do if you develop side effects ?



Take **simple analgesics**, like "Paracetamol" if you experience mild and moderate side effects



If your symptoms did not improve after taking the simple analgesics, contact **MOH call center on 80011111** and book an **teleconsultation** appointment with the doctor and report your symptoms



Use a **cold compress** to relieve pain at the injection site



If symptoms still did not improve, you need to **visit outpatient clinic**



Hurry to **the nearest emergency department** if you develop one or any of these symptoms, {feeling short of breath or swelling of the face, lips or any other sudden swelling in your body}





## **COVID-19 Vaccination**

### **Post-Vaccination - After Taking the Vaccine**

- **General tips after taking the vaccine**

- **Be attentive to change in intensity of any side effects.**
- **Comply with the instructions issued by your doctor.**
- **Make sure you do not skip or delay your appointment for the second dose of the vaccination.**
- **This is important for the vaccine to be effective and to provide you with the necessary protection.**



## **COVID-19 Vaccination**

# **Frequently asked questions**



## COVID-19 Vaccination

### • Frequently asked questions – Part 01

#### **1- Can someone who has been previously infected with Covid-19 be vaccinated?**

- Yes, but if you take the vaccine immediately after recovery you will not benefit as your body have developed antibodies to the COVID-19 already.
- It is safe to schedule the vaccine 3 months after recovery from mild or asymptomatic COVID-19 infection, for symptomatic infections requiring hospital admission please ask your treating doctor for the best time interval.



## COVID-19 Vaccination

### • Frequently asked questions – Part 02

**2- Is it possible to obtain a Dubai Health Authority stamp on the vaccination card after completing the two doses?**

- Vaccination cards are issued electronically and are not printed in Dubai Health Authority Centers, as all Dubai Government entities, DHA health centers are now fully electronic and completely paperless.

**3- Is the vaccine given to individuals with any severe illness or high fever over 38 degrees?**

No, it is advisable to postpone COVID-19 vaccination until the health condition is stabilized.





## COVID-19 Vaccination

### • Frequently asked questions – Part 03

#### **4- Will the result of the PCR test be affected if I receive the vaccine?**

- There is no association between receiving the vaccine and the result of the PCR examination.

#### **5- How do I choose between the available types of vaccines?**

- You must understand that the vaccines were not compared to each other, so you have no idea how they would perform if you directly compare them to each other.

- Also, vaccines were tested in different environments and differ in constituents, logistics and origin, but they all raise the body's immunity without contracting the disease itself.

- We trust that all COVID-19 vaccines are all equally effective at preventing death and hospitalizations.



## COVID-19 Vaccination

### • Frequently asked questions – Part 04

**6- If I need to take another vaccination (non COVID-19 related), can I still get the COVID-19 vaccination?**

- Yes, but you must allow one month interval between the vaccine episodes.

**7- When can I take the second dose of the vaccine if I have COVID-19 virus infection after my first dose?**

**A- Your COVID-19 infection without symptoms or with mild symptoms; The second dose can be received after completing the isolation period (10 days).**

**B- Your COVID-19 infection is moderate or severe and requires hospital admission, then the decision to administer the vaccine is based on the evaluation of the treating doctor.**



## COVID-19 Vaccination

### • Frequently asked questions – Part 05

#### **8- Can I change the type of vaccine after getting the first dose or two doses of another type of vaccine?**

- The general rule for vaccination : “It is not recommended to take more than one type of vaccine for one disease in the same period”, applies for the COVID-19 vaccine.
- Additionally, there is no scientific evidence or studies to guide us to the safe interval needed between the available COVID-19 vaccine.

#### **9- Can I get the second dose of the Pfizer-Bionica or Oxford-AstraZeneca vaccine if I receive the first dose outside the UAE?**

- We recommend that you take the second dose from the same Health care provider where you received the first dose.
- In case you were not able to return to your Health care provider, you must present your new Health care provider with official documents proving your inability to return to your country, as well as an official documentation of type and dosage of the vaccine you have received.



## COVID-19 Vaccination

### • Frequently asked questions – Part 06

#### **10- Is vaccination safe for people with chronic disease?**

- Yes, COVID-19 vaccine is safe, effective and highly indicated for people with chronic diseases as they are at higher risk of developing COVID-19 complications if they contract the infection.
- We recommend you consult your treating physician to inform you if you have any contraindication to COVID-19 vaccine.

#### **11- How long before I can donate blood following my COVID-19 vaccine?**

- Blood can be donated 7 days after receiving the COVID-19 vaccine.

#### **12- Is the vaccine given to people who suffer from severe medical conditions and are hospitalized due to any disease?**

- No, it is advised to delay the vaccination for 4-8 weeks after recovery.





## COVID-19 Vaccination

### • Frequently asked questions – Part 07

#### **13- How long does the vaccine need to be effective?**

- The vaccine will be effective 2 weeks after the second dose.

#### **14- Is the vaccine given to people with a history of Bleeding / Clotting Disorder ?**

- Yes, the only risk in this case is excess bleeding from injection site..

- So, if the patient's mentions their condition to the healthcare professionals giving them the vaccine, they will be careful

- We prefer that patients with any Chronic condition consult their treating doctor before getting the vaccine.

#### **15- Can the vaccine be given to people who are immunocompromised?**

- Yes, immunocompromised patients need to take the vaccine as they are in the high-risk group and are expected to develop severe complication if they contracted COVID-19 infection



## **COVID-19 Vaccination**

# **Precautionary Measures**



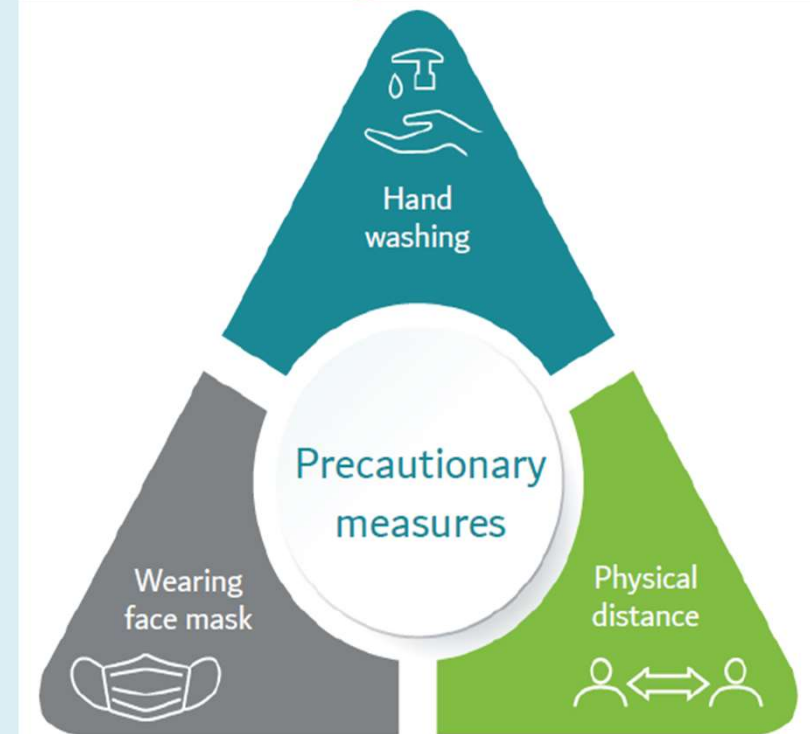
## COVID-19 Vaccination

### • Precautionary Measures

**1- COVID-19 vaccine is one of the most effective ways to fight COVID-19 but it is not enough on its own.**

**2- Everyone should continue implementing precautionary measures to combat COVID-19 spread even after vaccination,**

**3- So please remember to keep safe distance between you and the others, keeping your hands clean and continue to wear a facemask.**





## COVID-19 Vaccination

# Recommendations





## **COVID-19 Vaccination**

### **• Recommendations**

**Vaccines are one of the most effective tools to control the COVID-19 pandemic. They are a safe and effective way to protect the health and wellbeing of society.**

**Vaccines stimulate the body to build resistance to infection and also strengthen the immune system by training it to form antibodies to fight the virus that causes COVID-19.**



## **COVID-19 Vaccination**

# **Thank You**

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